

Hi all,

It's that time again to watch for the next new moon.

April 13 at even is 29 days from the last new moon, the 14th will be 30 days since last.

My calculations show that there will be an apparent new moon here in the USA [Mountain Time Zone] on April 13 at about 6:30-45 PM - it depends upon how dark the sky is in order to see it. Illumination will be about 1.3%. However, there will not have been a new moon in Israel yet!?! So *the true new moon will be [in Israel] on **April 14** about 6:30-45 PM with an illumination of about 1.9%.*

This would make April 14 [at even] the start date of month 2. This will be the 2nd new moon of the year, also called ZIF.

Easton's Bible Dictionary: ZIF brightness; splendour; i.e., "the flower month," mentioned only in **1 Kings 6:1, 37**, as the "second month." It was called Iyar by the later Jews. (See MONTH.)

The Calendar of the Saints new moon chart has a graph near the bottom showing the names of all the named months [and numbered ones too] and the expected beginning dates. As for me, I'll continue to call the months by their numbers [1-12 or 13] for clarity.

For an interesting mini study: evening, even, at even, even unto even, between the two evenings. Valid sources of references might include: authorized **KJV Bible, Easton's, JFB, MHC** and **Strong's** (original). What would you call that time after sunset but before dark when you can first see the new moons!?!

Historic happenings this week - Apr. 14 - 20:

Apr 15

Bessie Smith born Apr 15, 1886

Abraham Lincoln died 1865

Apr. 16

Charlie Chaplin born Apr. 16, 1889

FCC warns "shock jocks", 1987

Apr. 17

500 year old oak toppled, Sudbury, Mass. Apr. 17, 1959

Apr. 18

Paul Revere's midnight ride, Apr. 18, 1775

Apr. 19

First laundromat opened in US, Apr. 19, 1934

Charles Darwin died, 1882

Oklahoma City bombing 1995

Apr. 20

Pierre Trudeau became Prime Minister of Canada, Apr. 20, 1969

Brahm Stoker died 1912

Manfred von Richtofen (the "Red Baron") died 1918

Health tips from the "**Old Farmer's Almanac**"

The Best Ways to Avoid the Worst Kind of Cold

[Treating the Common Cold]

READER'S OF The Old Farmer's Almanac share their recommendations for treating the common cold.

We received several dozen responses from readers, many of which were similar. Here is a representative sample. We don't recommend and can't vouch for any of them; we're just sharing the news.

HERBS AND VITAMINS

- * Take zinc daily.
- * Take echinacea daily.
- * Take 1,000 milligrams of vitamin C and a dose of castor oil daily.

GOOD HYGIENE

- * Covering your mouth when you sneeze or cough, washing your hands more often (and not with antibacterial soap, which may be leading to even more germs), and gargling in the morning and afternoon will help prevent colds. My grandma swore by these practices and lived to be 103 years old.
- * Keep a box of tissues handy and blow your nose frequently. No sniffing!

REST

- * Get plenty of rest, and don't let stress in the house.
- * Take a nap in the afternoon.
- * Stay away from people.

HOT (OR COLD) WATER

- * If you're stuffed up at night, put a steamer in your bedroom and close the door. The steam will loosen you up so that you can breathe better.
- * To relieve a headache from a cold, put your feet in a pail of cold water for about ten minutes.
- * Keep a kettle of water on the stove and add a bit of eucalyptus oil. It smells nice and will keep your nasal passages clear and prevent them from drying out.
- * To relieve the pain and discomfort of a cold, take a hot bath--as hot as you can tolerate--for five minutes, wrap up in heavy blankets, drink hot lemon water, and sweat. Then take a cool shower, put on dry clothes, and go to bed. In the morning, your symptoms will be lessened or gone.
- * If a cold is bothering your ears, place a hot water bottle on the back of your neck or ears.

DIET

- * Eat locally and in season.
- * Drink nothing that is not clear liquid: no milk, no orange juice. Drink only fluids that you can see through: tea, apple juice, cranberry juice, and the like.
- * To clear the sinuses, eat some horseradish on a cracker.
- * Make a soup out of 2 cans chicken broth, 6 cloves garlic (scored but not sliced through), 1 shallot (sliced), as much hot sauce as you can stand, freshly ground black pepper (as much as you want), and about 1 teaspoon ground ginger. Let it simmer for at least 1 hour, then eat it up. It will take the chill out, relieve your sinuses, and help sweat the rest of the cold symptoms out of your body.

FRESH AIR

- * Get outside and get some fresh air inside.
- * Dress properly for the weather.
- * Stay active, even when you feel a sniffle coming on.

CONCOCTIONS AND HOME BREWS

* You need a strong constitution to drink this. Start drinking as soon as you feel cold symptoms coming on. Combine 1 tablespoon honey, 1 tablespoon vinegar, 1 teaspoon lemon juice, 1 tablespoon garlic powder, and 1 teaspoon cayenne pepper. Run the mixture through your coffeemaker, brewing it with hot water as if you were making coffee. Drink 5 or 6 cups a day until your cold is gone.

* Add 4 to 6 shakes (or more) Tabasco to a glass of tomato juice and drink up. Alternatively, add the Tabasco to a glass of water.

* Make some strong black tea, add 1 lemon (both the juice and the lemon cut up), 1/2 onion (sliced), 3 tablespoons honey, and 1/2 cup brandy. Simmer for about 40 minutes. Then drink 1 cup of the tea and rest in bed. You will sweat the cold out of your system.

* Add 1 beef bouillon cube to a cup of very hot water and stir until it dissolves. Then add about 1/4 cup cream sherry and stir. Sip on this to relieve a sore throat and help you sleep.

* Drink a hot toddy made with whiskey, honey, and hot water just before bedtime. Or sip peppermint schnapps.

* Combine equal parts honey, whiskey, and lemon. Either take it with a spoon or, better yet, add hot water and sip.

* Drink a mixture of hot lemon and honey, especially before bedtime.

* Drink hot lemonade.

* Drink copious snifters of warm fine brandy or cognac.

Signs in the lights of the heavens?

The Sun, Weather, and Human Behavior ... 04/09/02

by Mitch Battros (ECTV)

The Sun continues its unusual bombardment of magnetic storms. Today there is a sunspot count of 245. This is almost a count of 100 more than NASA's predicted maximum. Not only is this half again what was expected, it comes one and a half years later. The absurd reason Nasa came up with is as foolish and immature as the statement they made for the unusual so-called El-Nino.

Nasa's explanation which came months after the predicted apex, was that "we must be experiencing a double peak related to sunspot count". Excuse me did you say "double peak"? This is crazy back water pedaling gibberish that scientific peers laugh at. But Nasa is convinced they can simply explain away anomalies by sending out cutesie words like "double peak". You would think we were watching an ice skating performance.

Then just this week NOAA falls in lock step with Nasa's public relation's policy, (that is to say, confuse the public), with even a more absurd statement regarding the Southern Pacific Oscillation. This is the scientific name for what NOAA calls "El Nino". The so-called El Nino is claimed to have a 7 year cycle. But for some reason, that is not happening and it is still here. So instead of telling us why this may be happening, they just told us last week " We believe this is what we call a "Super-Nino".

Folks, I am not making this up. Because El Nino (as they call it) did not fit into its neat package of seven years, they literally made up a name called "Super-Nino". "Super-Nino" Article: http://www.earthchangestv.com/secure/Breaking_News/April2002/0404lacucaracha.htm

What both NASA and NOAA have failed to explain is "why" these anomalies are occurring. The answer is simply the Sun! For those of you that have been following ECTV, know I have outlined this for sometime. It is my belief the Sun is in what I call a "Mega Cycle". This could be thousands of

years in-between. (exact number unknown). Our ancestors have told us of this event hundreds and thousands of year ago. I find it odd, and perhaps dangerous, that current science neglects that which has been handed down to us. The battle rages on between the two disciplines of "public relations' policy. On the one hand, it is believed we (public) are too fragile and would not be able to handle the truth of change. On the other hand, it is believed it is far better to inform the public allowing each individual and family to best prepare for the changes that are here. This second method has proven to minimize the risk of shock and trauma that often occurs with sudden or unfamiliar change.

So here we sit with our government choosing to treat us like children telling us fairy tails of double your pleasure peaks and superman nino's. Never mind what it all really means. The question remains, what is really an action of self-defeat? To tell us the truth and risk nation wide panic, or tell us kindergarten stories hoping when the changes reach such a peak, people will be totally dependent on what the government tells us. Or even worse, watch us become so bewildered, each person will just have to fend for themselves. Perhaps with feelings of hopelessness and despair.

Here are a few facts that may help one better understand what is unfolding regards to earth changes. The solar cycle we are in today is not what Nasa claims to be just another 11 year cycle they named "Cycle 23". It is a "Mega Cycle" that occurs every so many thousands of years. This idea of something called a "double peak" is sheer non-sense that some goof ball in the back room of Nasa's halls made up. This was done to ease tension and give us the impression they have everything well in hand. Truth is, they don't have a clue as to why the Sun is acting out in such this way. If they do, they are not telling us.

Double Peak:

http://www.earthchangestv.com/secure/Breaking_News/January2002/0124activities.htm

All these cutesie names like El Nino, La Nina, and La Cucarac simply identify that ocean and jet stream currents are shifting. NOAA would have us believe there is a 7 year cycle to such events. The fact is there is no such thing as "Super-Nino". This was made up to simply appease those of us who know something is going on. Again, they would like to give the impression they have a firm grasp on developments. Truth is, they too don't have a clue why the ocean and jet stream currents continue to shift.

The answer is 93 million miles away. It is the Sun. The Sun is what drives the weather. There is also recent studies which suggest the Sun drives human emotion and physiology as well. Reflecting back to my interview with Brad Steiger, we discussed his book titled "A Road Map of Time". Brad outlines a remarkable connection between high solar activity and war or civil unrest. Is this a coincidence?

<http://www.earthchangestv.com/breaking/March2002/0310mitch.htm>

Scriptural reading Isaiah 59

Isa. 59:1. Behold, the LORD'S hand is not shortened, that it cannot save; neither his ear heavy, that it cannot hear:

2. But your iniquities have separated between you and your God, and your sins have hid his face from you, that he will not hear.

Commentary [**MHC**] **vs. 1-8** If our prayers are not answered, and the salvation we wait for is not wrought for us, it is not because God is weary of hearing prayer, but because we are weary of

praying. See here sin in true colours, exceedingly sinful; and see sin in its consequences, exceedingly hurtful, separating from God, and so separating us, not only from all good, but to all evil. Yet numbers feed, to their own destruction, on infidel and wicked systems. Nor can their skill or craft, in devising schemes, as the spider weaves its web, deliver or save them. No schemes of self-wrought salvation shall avail those who despise the Redeemer's robe of righteousness. Every man who is destitute of the Spirit of Christ, runs swiftly to evil of some sort; but those regardless of Divine truth and justice, are strangers to peace.

Have a nice watch! Click on <Page Down> for **colored chicks** - heh-heh!

A friend,
David W. Lacey

"Yahweh, the Almighty God of Israel, is with us!"

The Stewarton Bible School web page is at: <http://atschool.eduweb.co.uk/sbs777/>
A Voice in the Wilderness web page is at: <http://www.avoicethewilderness.org/>
To the Saints of the Churches of God is at: <http://home.earthlink.net/~dwlacey/>

